

BEST TIPS FOR A STRESS-FREE BEACH GETAWAY



Where do lifeguards look first when a child is lost on the beach?
What everyday product makes sand fall away from skin?
How can you take the pain out of a jellyfish sting?

Here are some tips we can surely say will be helpful.

All beaches are fun but can be dangerous sometimes so please take some notes and suggestions of local's so that you can avoid unknown dangers. This will help you a lot for example beach floor can be steep, rocky, rugged, sinkhole, shore break, rip Current, these are some conditions where every year thousands of lives are lost.



Don't get too deep in the beach, it's always wise to select those beaches which have a watchtower with lifeguard assistance, in these places you are sure in case of emergency someone attends you.



Whenever an infant/child got separated from his or her family on beaches you look for which direction is the wind flow- Because 90% chances are small child easily follow the path of least resistance and walk with the wind. So if a preschooler goes missing on the beach, try following the wind.

Always carry talc when you are going to beach, sprinkle in on skin this will help any clinging sand fall away easily.

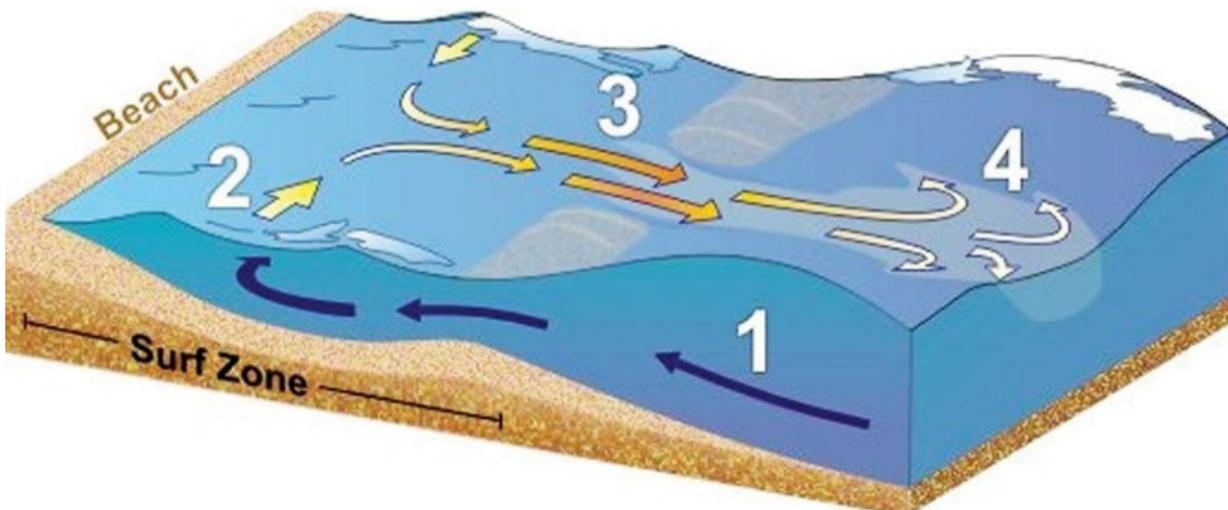


One can also carry a small spray bottle filled with vinegar this will be helpful in case you get stung by jellyfish or a stingray, it helps takes sting out.

When you are in a beach city everything from accommodation to food seems costly at beach front, so here is a small suggestion hope it will help - select hotel and accommodation 5 to 6kms within beach limit, they can be pocket friendly and can make a great holiday. The money saved can be spent on some extra activities like boating, cursing, parasailing, City Tour, visit to nearby places. Finally there are some of the beautiful light houses on shores which is a must visit.



Always use bright cloths or belongings towels whenever on beaches this will help kids to find their way back to us if they lose track of where they are on the beach.



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